



SMART



Check out the new site!

[www.WhyUHC.com/smw206](http://www.WhyUHC.com/smw206)

Sheet Metal Workers' Local 206 Health Benefit Trust offers their members many valuable benefits and this new website is a simple way to learn about those coverages and services.

Created by UnitedHealthcare, this site offers an overview of your: health (medical/behavioral/prescription drugs)\*, dental, vision and financial protection benefits and wellness resources.

*\*Note, this site doesn't include Kaiser health benefit information. If you are enrolled with Kaiser for your health benefits, please register/login at [www.KP.org](http://www.KP.org).*



- Explore Plan Options
- Search for a Provider
- Access Digital Tools
- Review Member Benefits

Here for health.  
Here for help.



We hope the information will help you as you think about your health care needs and make your benefit decisions.

Visit [whyUHC.com/smw206](http://whyUHC.com/smw206)



[myuhc.com](https://myuhc.com)

Register and log in to your personalized member website that helps you access and manage your health plan information 24/7. You can find and price the network care you need, see what's covered, view claim details, manage your financial accounts and much more.



- **Maternity Support Program**
- **Healthy Mind Healthy Body eNewsletter**
- **NurseLine**
- **Virtual Visits**

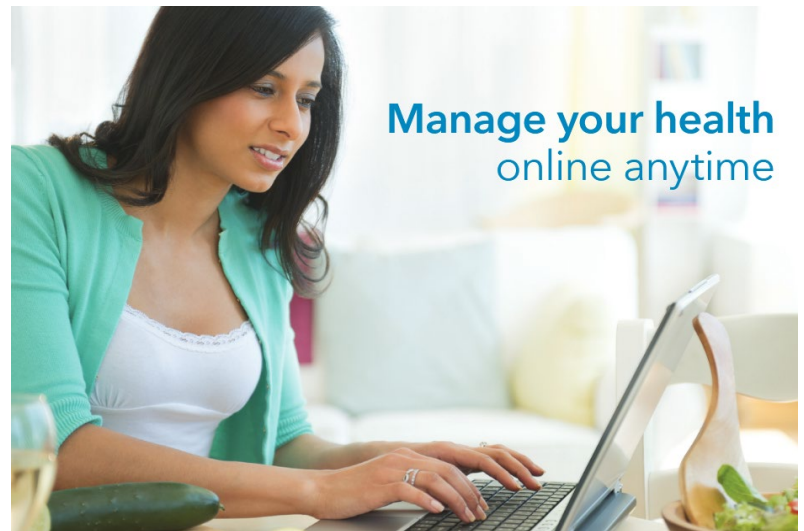
- **Health Discount Program**
- **Health4Me mobile app**
- **Preventive Care recommendations**
- **Live and Work Well**

**These tools are designed to help you be involved in your health care decisions. At no additional cost to you, they work to help you maintain and improve your health.**



Sign on to [KP.org](https://kp.org) anytime to:

- Schedule in-person, phone and video appointments
- Email your care team
- View most lab results
- Refill most prescriptions
- Pay bills and estimate costs
- Print vaccination records for school or sports
- Check your plan's benefits and view claims
- Manage a family member's health care



**It is simple to connect!**

Register to get started at [kp.org/register](https://kp.org/register) from a computer or downloaded app on a mobile device and follow the sign-on instructions. Be sure to have your health/medical record number handy.